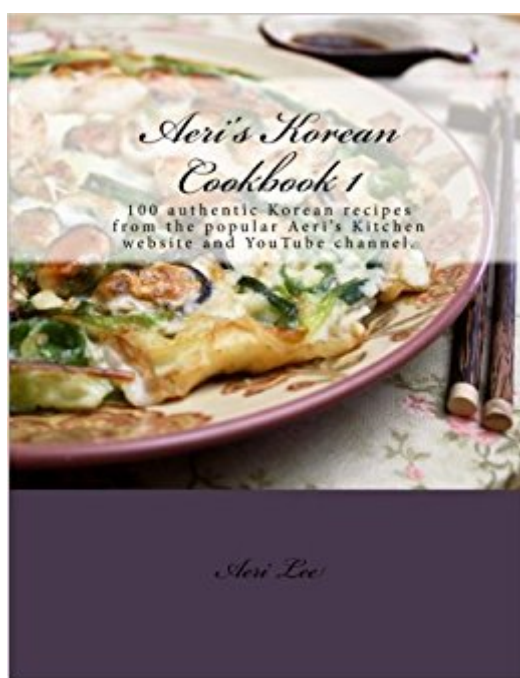


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Aeri's Korean Cookbook 1: 100 Authentic Korean Recipes From The Popular Aeri's Kitchen Website And YouTube Channel. (Volume 1)



Synopsis

This book contains 100 Korean recipes from the popular Aeri's Kitchen website and YouTube channel. The recipes inside of this book are delicious and authentic, covering the wide range of food categories one might experience while dining in Korea. Sometimes trying to cook unfamiliar food can be daunting, but you will not be left guessing how something should be made with the clear instructions and over 600 step-by-step pictures contained inside of this book. In addition, each recipe also contains a large picture of the fully prepared dish.

Book Information

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Customer Reviews

Aeri's cooking style is influenced by growing up in the southwestern city of Gwangju in South Korea. Gwangju is well known in Korea for its arts as well as its rich and diverse cuisine. In her school years, she had a dream and passion for teaching, so she went to college and majored in education. In 2007, she married an American who thought her food was so good that she should share it with the rest of the world. Since 2008, she started living out her lifelong dream and passion of teaching by introducing and helping people prepare Korean food through the Internet. She really appreciates all of the support and interaction she gets from the people that visit her website "Aeri's Kitchen," and corresponding YouTube channels. Meanwhile, little taste testers were born who agree with Daddy, "Mommy's food is the best!"

As I am just beginning to delve into Korean cooking at my DH's request, I have found this cookbook very helpful. Although there is a table of contents divided in the traditional American way, be aware

that the cookbook does not follow that same theme. It appears to be divided in some way, but I do not know what that way is. For example the appitizer section has recipes from page 6 to page 18 and everything in between. It is far better than not having a table of contents at all, but you can not simply turn to the appitizer chapter and browse the appitizers, it's not put together that way. This book however possibly has the most photographs that I've ever seen. There are photos of every step, and a photo of the final product. One more thing about the table of contents.... it has three listings for each item.... the first is the English translation of the dish, the second listing is the Korean name in letters, the third is the item in Korean characters. I believe that each list is in alphabetical order, which means that they are NOT directly across from each other, but have a different place in each listing. It's odd, and my DH had to point out what the listings were. It's not easily apparent. (at least not to me.) The recipes appear traditional, and DH has loved the ones we've tried. Other than issues with the table of contents I have found this book to be simple to use and easy to follow.

We're not Korean, but we love the food and wanted a cookbook so that we could create the food at home. This is the book to have. The recipes are easy to follow and there are color photos for each recipe so you know what the finished product should look like. We particularly enjoyed Spicy Chicken Galbi and Beef Bulgogi. Besides meat and fish dishes, there are a number of vegetable dishes we like, such as Cucumber Chojeolim and Potato Jorim. Several of the tofu recipes are our favorites, though we have many recipes that we haven't cooked yet. Korean food can be pretty spicy, so you might want to experiment with the amount of ground hot pepper, etc. recommended by some of the recipes. A great resource to have when you're tired of everything.

I just tried a couple of the recipes. They were very easy, and VERY DELICIOUS. I'm quite happy. I substituted a few things to suit my wishes (gluten-free/wheat-free tamari soy sauce instead of regular soy sauce; a tiny bit of stevia instead of any sugar). The dishes came out really, really good and I'll be trying more recipes on a regular basis ! It's great, since I really love Korean food, but the Korean restaurants around here are basically "house of gluten / MSG palace" places, and I just can't do that any more.

I really wanted to like this cookbook more than I did. It just seemed a little lacking in quality in terms of both formatting and recipe selection. The recipes are alright, but I was surprised to find that there wasn't even a japchae recipe in here for example, amongst other standard Korean recipes I would expect in a Korean cookbook. However, I should emphasize that my biggest issue is a superficial

one, as the feel and look of a cookbook is very important to me since I spend quite a bit of time finding recipes online. As a result, when I choose to purchase a cookbook, I want to enjoy flipping through it. While there is a picture for every recipe here (big plus), the paper quality was disappointing, as was the overall design. I think I might go purchase the Maangchi book for my Korean cooking needs unfortunately.

I hadn't heard of Aeri until suggested this book. Although it doesn't have the same glossy pages and hardcover quality as other books more professionally printed, this is still a great book. The color pictures are gorgeous and the layout is very organized. She even has the items written in English, Korean and transliterated to English.

My partner is Korean, so I bought this book to start cooking Korean food. Everything I tried making, worked out well. I like the way the recipes are laid out, made sense to me. My partner said everything seems pretty authentic to her. The quality of the book is lower than it should be but then again, this is for cooking.

I am impressed. My mother passed away a couple years ago and with her went all the recipes I never bothered to properly learn. I have been looking and most cookbooks do not come close or are frivolous. This one meets the mark in every way! Not only are the dishes authentic but she included step by step pictures so you know what you should be doing! Thank you for helping me be reunited to the foods I love!

I thought it was great but it was a gift and I have not heard back.

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